# I have experienced or witnessed sexual violence or abuse...

...what are my options for





# Contact

(or ask a staff member or friend to do this on your behalf)

**Student Wellbeing Services** 

If you need help after 5pm or at the weekend call Security 01225 875555 who will put you in contact with SWS.

Student Wellbeing Services will ask a Sexual Violence Liaison Officer to contact you.

### Your SVLO can:

- Talk you through all your support and reporting options without putting pressure on you to take action
- Refer you for counselling where appropriate
- Organise short-term emergency accommodation where needed
- Organise support from an external agency/ Sexual Assault Referral Centre and an ISVA
- · Support you to report to the police and/or be the police's point of contact on your behalf (with your consent)
- Make a referral on your behalf to the Complaints Manager if the other person is a BSU student or member of staff

# Make a report through **Report and Support**

You can make a report anonymously or using your name. If you report anonymously we will not be able to contact you to offer you support and advice.

You can report without revealing the identity of the other person if you are not sure about making a formal complaint about them to the University (or to the police).

If you want to share the name of the other person but are not sure about making a formal complaint to the University, you can do this through a Sexual Assault Referral Centre.

The Report and Support website also provides useful information about sexual violence, relationship abuse and much more.

## **Contact a Sexual Assault Referral Centre or other** external support agency directly

We recommend the following organisations who offer professional advice and support on sexual violence and/ or relationship violence/ abuse:

### The Bridge

Call 24/7 on 0117 342 6999. Support all genders and LGBTQ+

Helpline open Mon-Fri 8.30am - 5.30pm 03333231543 or use their live chat 10am-4pm or email Safe.Link@safelinksupport.co.uk. Support all genders and LGBTQ+

### The Survivor Pathway

Information about sexual violence support services for everyone

Domestic (relationship) abuse support for women 24/7 free helpline 0808 2000 247

Domestic (relationship) abuse support for men freephone 0808 8010327

Domestic abuse support for the LGBTQ+ community freephone 0800 999 5428

### Contact the police directly

If you are in immediate danger call 999 (if you are on campus then call Security on 01225 875 555)

If you are not in immediate danger call 101. Information on what to expect can be found here.

If you are unsure about contacting the police, Sexual Assault Referral Centres (SARCs) are very experienced at supporting people in this area whether you choose to report to the police or not.

What is sexual violence? Sexual assault, sexual abuse, rape or sexual harassment and/or relationship violence or abuse